

BOIS

October 2019

FRONT

The official newsletter of the *Bois State Student Center*



Special thanks to all the volunteers and donors who contributed to the Homeless Veterans Stand Down event on October 26th. Pictured above are three young ladies from the US Naval Sea Cadet Corps who volunteered their time to serving veterans at the Stand Down.

HEARD BUT NOT SEEN

This occurred when the VA had recently taken possession of the Mountain Cove area but had not yet moved in. I was on night shift walking through the first floor of building 33 at about 3:00am. All of the floors at the time were wood. As I walked through the first floor, I stopped as I heard footsteps above me on the second floor. The floor creaked about every second as if someone was walking, and the sound of the footsteps moved across the floor as well. I was by myself. I stopped and called my partner to respond due to a person being on the second floor of the building. Once my partner arrived, we drew our weapons to locate the person in the building. We searched the entire building and found no one.

- Wayne Nicholson, VA Police Officer

NOT HAVING FUN

One day not terribly long after we moved into Building 33, I was coming into my office with a bunch of papers in hand. I walked across the room, sat down, and started logging into my computer when it registered that I had heard something about waste high behind me as I crossed the room. The hair on my neck stood up as I thought about what I had heard and there was absolutely nothing there when I looked. To this day, I swear that what I heard was the sound of a small girl, about waste high, making a sigh. It reminded me of a kid that was impatient because a grown up wasn't moving fast enough. Maybe she is the one that likes playing with the paper towel machines.

- Don Lake, Administrative Specialist

THE BOISE VA MEDICAL CENTER

GHOST
STORIES

VISITOR FROM THE PAST

I work in the basement of bld. 110 in the ENT/Ortho clinic area. One day, probably a year and a half ago, I walked to a providers room to speak with him. In the room across the hall, I saw a gentleman standing there. I asked the provider who the guy in the other room was, since there was not a provider scheduled in that room that day, and he said "what guy" and I said, the guy with the Fedora hat that looks like he stepped out of the 1940's. We both looked across the hall and there was no one in the room.

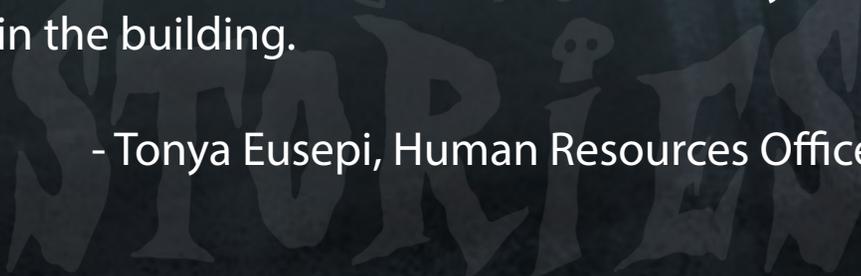
- Elizabeth Migneault, RN Surgery

THE BOISE VA MEDICAL CENTER
GHOST
STORIES

HAUNTED PHONES

I had heard about the little girl who wandered around in Building 24; it was early fall 2008, and I was working late on a deadline and no one else was in the building that night. The phone sat to my left as I was working and around 8:30pm my phone handle (the kind with the lifting lever) started lifting up and down; after six or seven times, I made the comment "When your done playing let me know", it immediately stopped and I said "Thank you". It never happened again while I was in that space, but since that time and on the occasion that I've worked late, I hear the floor creaking on the second floor and I know I'm the only one in the building.

- Tonya Eusepi, Human Resources Officer



FLUSHING FRIGHT

About two months or so ago, I was filling in on Silver Team. I went to fill up my water bottle in the Canteen. On the way back to Silver, I felt that I needed to go to the bathroom. These are the bathrooms between the Canteen and the Lab.

I walked in the door, as an older gentleman walked out and I noticed that there were no other people in the bathroom except me. As I was standing there, “doing my business”, the urinal I was using flushed. Knowing that the toilets work with motion sensors, I thought “Wow, this is really sensitive, I must have moved just a bit and that was all it took.”

The next thing I knew, the toilet in the stall to my right flushed. Shortly after, the toilet in the far-right stall flushed, followed by the urinal next to me. Then, all 4 toilets began flushing, one right after another. By this time, I was finished

and had walked over to the sinks to wash up. The toilets were still flushing like crazy in sequence. I turned on the water to wash my hands, but turned around before I did, I looked at the stalls and flushing toilets and said sternly, “Alright, that is enough!”

The flushing immediately stopped!

- Jeff Stevenson, MSA

THE BOISE VA MEDICAL CENTER

STORIES

TOUCHY' FEELY

There are many stories that come out of Building 28, but there is one that happened to me that was particularly scary. We were all told when we moved into the building that it served many purposes, an old laundry facility, a jail, a morgue with a body shoot from the first floor to the basement. When you were working in the building in the main part, the eeriness of it never really bothered you. It is when you worked alone that weird things would happen.

I would often come in early to get a head start on my day. Many mornings I would be by myself in the office

processing orders and I would hear someone say my name. In most cases this wouldn't be weird but, in these instances the words were whispered, up the stairs from the basement,

and would be followed by the rapid sound of footsteps back down the stairs. Most of the time I ignored it because I thought it was just my mind playing tricks on me because

THE BOISE VA MEDICAL CENTER

GHOST

CONT...

I was alone, in the dark, in a building that was once a morgue.

However, there was a day in particular that these ghosts got a little bit brave. I was working in a room that had a machine that is very loud. Often you wouldn't hear the door open, which gave people incredible opportunities to scare you (which they often took). I was standing at a table inspecting lenses when I heard my name, again in a whisper. I turned to look at the door to see who said it and there was no one there. I went back to my work thinking it was weird that this would happen in the middle of the day. Usually

these types of occurrences happened only in the early hours of the morning when I was still tired.

This same sequence kept happening, I would focus on a task and then be brought out of that focus by a whispered name or phrase. Eventually, I got frustrated and decided I was going to leave the room to take a break. I took off my gloves and threw them in the trash, cleaned up my towels, checked the machine and began walking towards the door. It was then that things got a bit more terrifying.

As I was walking to the door, I heard my name again. And as always, I turned to look in

the direction of the voice. As I did this, I felt a hand quickly brush through my ponytail which very quickly made me turn only to find that there was nothing there. I was standing in the middle of the room, with no obstructions that could have done that. I left the room that day a bit frightened. The voices and footsteps continued. The general sense of unease was always there, but that was by far the scariest experience I had in that building.

- Sarah Anderson, Pharmacy

AO

CLEANING SURPRISE

I was new to the VA and was working in Housekeeping at night cleaning & learning my way around campus. One night I was task to work with a gentlemen named Doug (since retired) at cleaning the outer offices including Bldg. 33. It was around 10pm & we were discussing the history of the VA compass. We had just finished break & were cleaning a restroom room. As we had finished Doug said that some of these BLDG's were haunted, BLDG #33 in particular by a young girl from the tuberculosis days who had died in that BLDG. He had also heard things "go bump in the night" while working at the VA over a number of years, and as most people would just ignore his stories. We were just finishing up a restroom and were talking outside the room in the hallway with the door propped open and the paper towel holder let out a whirring noise and produced a paper towel as if someone had triggered it, just as I was going to ask Doug

about it the faucet came on also, now mind you we were outside the room! I was in total dismay and Doug looked at me and said see I told you! Now mind you I am not the afraid type although I never questioned the validity of that night I also never cleaned there again!

- Travis Mason, Materials Handler

WATCHED

One night about 5 years ago I was getting off shift from the ER at 11:00 PM. I had parked “up on the hill” and was walking back to my car. It was dark and the street lights were on. It was very, very quiet.

As I was walking on the sidewalk past building 23, I happened to glance up and see a silhouette back lit up on the left dormer on the 3rd floor. The light in the room was on. Someone seemed to be looking out the window.

I stopped and wondered who was working so late. I waved, but they didn't wave back. So I continued on to my car and went home.

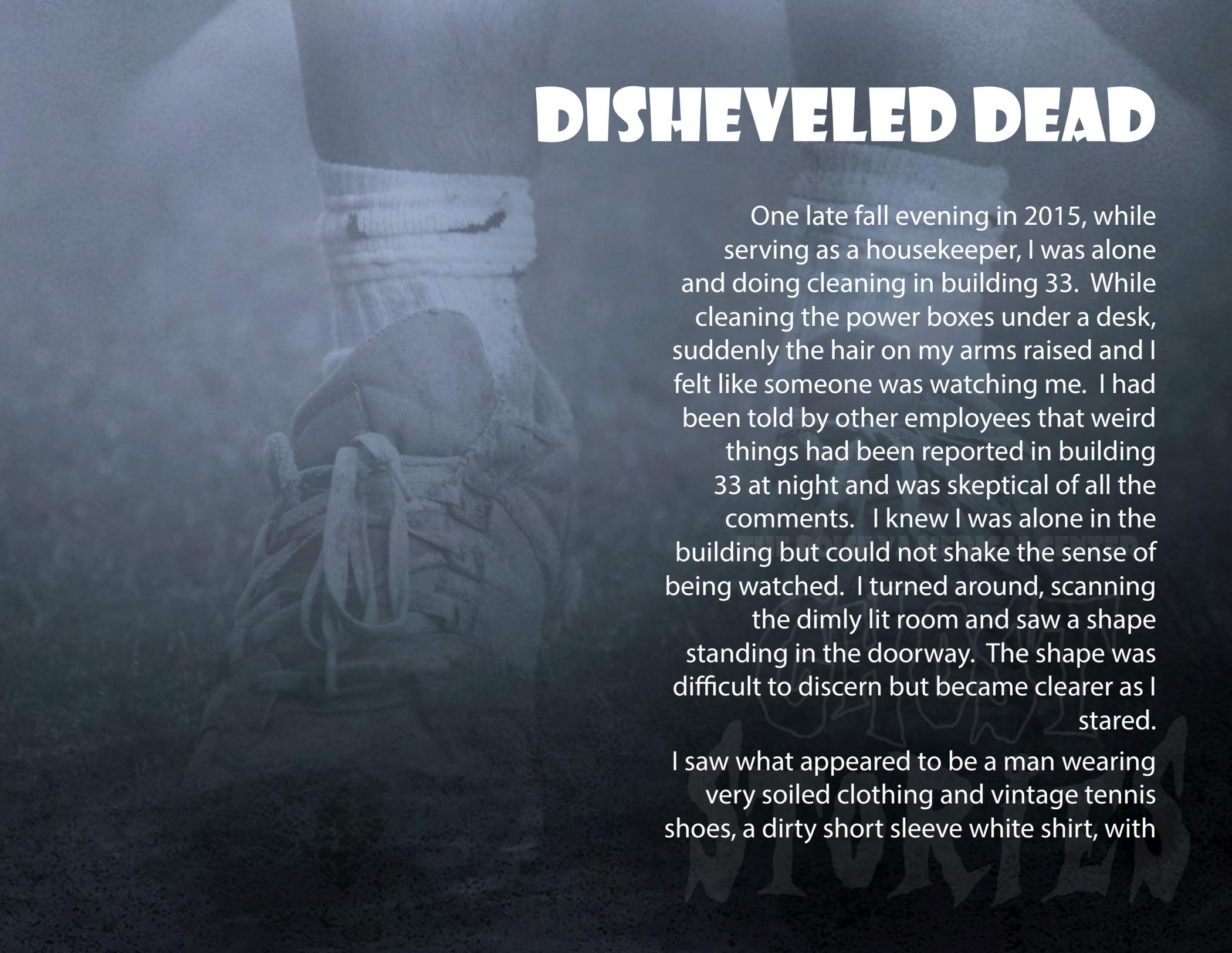
The next day I was at work and asked one of the police officers who it was that was working so late last night in building 23.

He stared at me and then said “No one was working in that building last night. I checked myself. Everybody was gone and the building locked.”

- Laurie Collins, RN

THE BOISE VA MEDICAL CENTER

GHOST
STORIES



DISHEVELED DEAD

One late fall evening in 2015, while serving as a housekeeper, I was alone and doing cleaning in building 33. While cleaning the power boxes under a desk, suddenly the hair on my arms raised and I felt like someone was watching me. I had been told by other employees that weird things had been reported in building 33 at night and was skeptical of all the comments. I knew I was alone in the building but could not shake the sense of being watched. I turned around, scanning the dimly lit room and saw a shape standing in the doorway. The shape was difficult to discern but became clearer as I stared.

I saw what appeared to be a man wearing very soiled clothing and vintage tennis shoes, a dirty short sleeve white shirt, with

CONTD....

dirt clinging to his exposed arms. He seemed to stare back at me with empty black eyes and face filled with sorrow. I had no sense that he wanted to harm me, but simply wanted to make himself known.

Only a moment passed and suddenly he silently turned and disappeared around the corner of the door. Curious, I followed. I walked around the door into the dimly lit hallway and saw nothing. I walked down the hallway and was not able to find him again. All the doors were locked and the glass sliding window was closed.

I considered what had just happened. I was puzzled, a bit uneasy, and felt distracted for the rest of the shift. I promptly turned all the lights on in the area. After this event, I certainly gave more credence to the stories I had heard about building 33!"

- Rebeca Salzman, RN

STORIES

Hello's



Goodbye's

The Boise VAMC would like to welcome our
new employees who came aboard:

Adam Saperston, MSO
Amy Neglia, Nursing Service
Bob Smith, FMS
Cory Mooney, IT
David Hargrave, Telehealth
David Westover, Nursing Service
Elaine Leisten, Fiscal Service
Faye Lewis, Nursing Service
Gabriel Usog, HR
Gary Humphrey, FMS
Holly Hunt, Fiscal Service
Holly Smith, HAS
Jasmine Johnson, VCS
Jeffrey Larson, FMS

Jodi Lewis, Nursing Service
Kasondra Mayer, Nursing Service
Kelly Byrnes, FMS
Lisa-Ann Fasula, Nursing Service
Lori Belote, Telehealth
Lynn Alford, Nursing Service
Michelle Elliott, Nursing Service
Nicole Preston, Nursing Service
Scott Rieder, VISN20
Shannon Delgado, HAS
Shelly Warmack, Nursing Service
Shenilla Solomon, Telehealth
Teodor Irimia, Nursing Service
Traci Eckley, Nursing Service

Hello's



Goodbye's

The Boise VAMC would like to say goodbye to
the employees who left us:

Kaitlyn Holyfield, Pharmacy

Docia Nave, Radiology

Steven Pote, BH

JoAnn Amieva, Logistics

Grace Ku, PT

Anthony Gulbis, ITOS

Connie Schroeder, PM&R

Anna E. Fuller, HAS

Patricia A. Hart, Nursing

Jan Mahoney, VCS

Lora Vance, Nursing

Mollie Smith



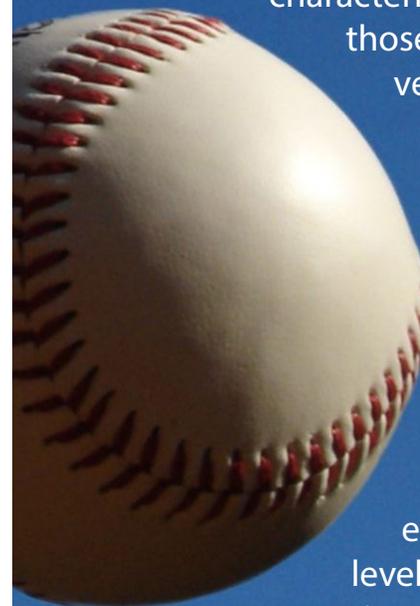
GOOD CATCH

Upon morning assessment, a patient with a pacemaker was noted to have 2-3 second pauses on the telemetry/cardiac monitor. The patient was not experiencing any symptoms. The SDU nurse who was taking care of the patient, Mollie Smith, reported her concern that the pacemaker might be malfunctioning to the medical team. Later, the patient reported he was shocked by his AICD while he was pushing a chair across his room. His vital signs were stable and he was otherwise asymptomatic. Mollie reached out to the medical team to alert them to the clinical change. Since the situation had not yet been addressed, Mollie contacted the charge nurse to request that the pacemaker representative come out to assess (interrogate) the pacemaker. Requesting that the pacemaker be interrogated or checked for malfunction is something that nurses can do without a provider order. When the pacemaker representative interrogated the pacemaker, it was found to be set in a “safety mode” and

the patient needed to be urgently sent out to a community hospital to have his pacemaker changed out.

High Reliability Organizations (HROs) are characteristically described as those that work under very trying conditions and yet manage to prevent accidents and serious safety events. Mollie’s actions demonstrate the HRO principle of “Preoccupation with Failure”. Every employee at every level in a high reliability organization is encouraged to think of ways their work processes might break down. This sense of shared attentiveness is constant. It is applicable to small inefficiencies and major failures, including medical errors. Employees are encouraged to share their concerns about potential failures, which can help create best practices across departments.

In the near miss situation described above, Mollie’s actions in advocating for her patient’s needs were an effective safeguard to coordinate the patient getting the care he needed in a timely manner.



EMPLOYEES OF THE MONTH **OCTOBER**



Christine Edwards

Christine Edwards spent numerous hours and days helping Supply Chain sort out our Medical Surge Prime Vendor Cardinal Credit dilemma. Basically, she is helping the Boise VA recuperate lost funds in the amount of \$14,000 over 2-3 fiscal years. Before that, the monetary value was triple that amount. She has been instrumental to our service, and has always been there for us when we needed her. She goes above and beyond when asked for her help, and she is a great role model to other employees. We appreciate her hard work and dedication and she is dedicated to saving the VA money, by going after the credits that the VA should get back in monetary value. I want to formally commend Ms. Edwards for her dedication and diligence with helping Supply Chain Management recoup taxpayer funds that are due to the VA.



Todd Kohler

Todd has proved himself as an extraordinary, effective, compassionate and inspirational ICU nurse leader time and time again! Todd exhibits excellent interpersonal skills to engage, interact and communicate with patients, their family, peers, residents and other medical professionals on a daily basis. He is widely acknowledged as the go-to resource critical care nurse for Step Down and ICU staff for any critical issues on nights. He never gets flustered during an emergency. He always seems to be able to stay calm, react decisively and think outside of the box, and be able to connect the dots. He is a strong and effective patient advocate who always defends patients' rights, safety and interests and empowers them to take an active role in their healthcare. I am proud to nominate Todd as an employee of the month award.



Robert Burlando

Robert brings energy and initiative to his job everyday and shows commitment by striving for customer satisfaction day in and day out. He endeavors to keep the customers first by respecting and handling each of their requests thoroughly, while maintaining constant communication from start to finish. His results driven attitude and commitment is obvious not only to the customers but also the Supply Chain and Boise VA Hospital as a whole. He was a huge part in executing just over 2.5 million in equipment drop funding this year. Roberts drive in getting these equipment purchases completed will help make the Boise VA Hospital better place for any and all veterans needing care at our facility.



NOV

6

10AM - 11:30AM

**WE NEED
YOUR HELP.**

Battle Tested. Business Ready.

Please join us to learn more about the complimentary services offered to wounded veterans by the Wyakin Foundation.

Boise VA Medical Center

Learning Resource Center, Bldg. 29

500 W Fort Street

Boise, ID 83702

WYAKIN FOUNDATION (208) 853-6001

UNIT OF THE QUARTER **FY19Q4**

Medical Imaging Service provides professional, technical and support resources in all imaging modalities to meet the needs of the patient population from Idaho, Oregon, Washington and Nevada. The team of radiologists, radiologic technologists and ancillary personnel strive to provide the highest quality patient care. General and Interventional Radiology, Computerized Tomography (CT), Magnetic Resonance Imaging (MRI), Nuclear Medicine and Ultrasound (US) imaging procedures are provided with the latest technology and by caring staff. It is our hope that we can provide a positive experience for patients, family and staff that visit our service.



MEDICAL IMAGING SERVICE



VA

Boise VA
Medical Center

2019
BOISE VETERANS PARADE

Letters
FROM HOME



SATURDAY • NOVEMBER 2 • 2019
PARADE OPENING CEREMONY BEGINS AT 10 A.M.

Capitol Steps, Downtown Boise

BOISEVDP.ORG



Stand Up to Stop Harassment Now! Declaration

VHA is committed to a harassment-free health care environment for everyone and will not tolerate harassment of any kind. We promise to:

Create a safe, respectful, and welcoming environment for everyone -



Empower everyone to recognize, intervene, and report harassment -



Advance a culture where harassment is never tolerated -



Provide a seamless, secure, and compassionate system for reporting harassment without fear of retaliation -



Assist Veterans, visitors, volunteers, and employees in reporting harassment -



Take prompt and appropriate action to respond to reports of harassment -



Be accountable by tracking harassment and the actions taken -



Partner with Veterans and Veteran Service Organizations to stop harassment -

We, the undersigned, dedicate ourselves to holding our leaders, our employees, and Veterans accountable to these principles.

Department of Veterans Affairs

Memorandum

October 23, 2019

Executive in Charge, Office of the Under Secretary for Health (10)

Stand Up to Stop Harassment Now

VHA Employees

1. VA is committed to a harassment-free healthcare environment for our staff, our Veterans and all visitors to our facilities. I am requesting that all facility employees publicly recommit to stopping harassment, and that especially includes sexual harassment. We must pledge that VA will "Stand Up to Stop Harassment Now!"
2. Every medical center will host a local "Stand Up to Stop Harassment Now!" declaration signing led by facility leadership on Wednesday, October 30th. This public signing reaffirms our commitment to creating a safe, respectful and welcoming environment for everyone and encourages reporting incidents of harassment when they occur.
3. I encourage you to participate in the "Stand Up to Stop Harassment Now!" event and feel empowered to speak up and intervene if you witness acts of harassment. While efforts are underway to improve reporting harassment, we encourage all to use existing pathways to report. For Veterans and Visitors: Patient Advocates, VA Police, and the Women Veterans Call Center. For Employees: Harassment Prevention Program, VA Police, Disruptive Behavior Reporting System. All guests, patrons and employees are encouraged to report harassment and follow local reporting processes.
4. I ask you to take a stand to stop harassment at VA. I am calling on you to act as an advocate for our patients, our Veterans, and each other, because we simply cannot tolerate even one person feeling uncomfortable coming to our facilities. If you have any questions or requests related to "Stand Up to Stop Harassment Now!" please contact Lelia Jackson at Lelia.Jackson@va.gov.



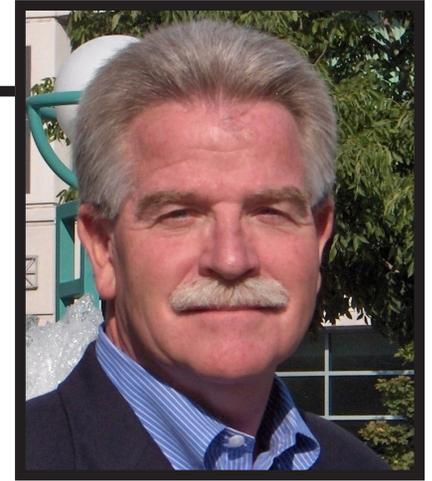
Richard A. Stone, MD
Executive in Charge



U.S. Department
of Veterans Affairs

VOLUNTEER SPOTLIGHT

Jim Tibbs



I was born in Seattle, Washington, at age 5, our family moved to Boise in 1953. I attended Boise schools, graduating from Boise High in 1965. I attended Boise State University and graduated with a BA degree in Criminology in 1970. I joined the Boise Police Department in 1970 and retired in 2004 as Chief of Police. I was fortunate enough to work in every division of the Department.

After retiring from BPD, I continued to work and was encouraged to enter politics. I was elected to the Boise City Council in 2006 and served one four year term. Also, during that time frame, I was appointed as the Chairman of the Board of Correction by Governor Kempthorne in 2005, appointed as Idaho's first "Drug Czar" by Governor Risch in 2006, selected as the State Coordinator for the Rural Law Enforcement Methamphetamine Initiative in 2011. I was elected to the

Ada County Commission and served from 2013 to 2019. I retired from the Commission in January of 2019.

During my senior year at BSU, I enlisted in the Army National Guard and served in "B" Troop, 116th. Armored Cavalry, Nampa, Idaho. I attended Basic Training and AIT in 1970 at Fort Knox, Kentucky and was trained as an Armor Crewman. Upon my return, I was assigned to an Infantry Squad. In 1972, I attended the Idaho NCO Academy at Gowen Field. In April of 1972, I suffered a serious injury to my left arm during training. This injury resulted in my discharge from the Army National Guard. I served for two and one half years and did not experience combat.

I'm married to Sally Tibbs (47 years) and we have two grown children, two grand children...and one on the way, due in December.

I enjoy snow skiing, walking, reading

and spending time with family and friends.

I became a volunteer at the VA because public service has been my life for 49 years and I have been using the Boise VA for medical treatment since 1972. After retiring this year, I needed to fill the public service void and serving as a VA volunteer is a perfect way to give back for the excellent service I have received at the Boise VA Hospital.

I started volunteering in April of this year; and currently assigned to the Community Living Center (CLC). I feel truly honored to be a volunteer at the VA ... and I have to say I love every minute of it.

BOISE is HIGHLY RELIABLE

HRO PRINCIPLES & VALUES

October Safety Story

Leader Values Expertise of Staff Members

Scenario/Context: Matthew Duncan is a Green Environmental Management System/Industrial Hygiene Program Manager at the Kerrville VA Hospital in Texas. He was approached by building maintenance staff who asked if the door between the clean and dirty side of the Sterile Processing Supply Department could be replaced with a pass-through window.

Action: Although Matthew is a manager in safety services, this type of request is outside his area of expertise. He turned to the three engineers from the Kerrville campus and one safety staff member from the Audie Campus who were standing nearby. They helped talk through the issue.

Results: The door was replaced with a window, preventing the need for employees to cross from one side to the other. This allowed for proper transfer of sterilized equipment and removed the risk of cross-contamination.

HRO Principle: HROs value and empower those who have the most expertise in a situation, regardless of their position in the organization.

Theme of the Month:
Empower and Value Expertise and Diversity



“The message I took away [from this situation] was the importance of cross-training, communication, and the ability for answers to come from those with the highest level of expertise or experience instead of those with the highest authority.”

*Matthew Duncan
Kerrville VA Hospital*

VHA'S JOURNEY TO
**HIGH
RELIABILITY**

Your Care is Our Mission.



U.S. Department
of Veterans Affairs

For more information, visit: http://bit.ly/HighReliability_sp



VA Boise VA
Medical Center

The Idaho



Foodbank®

NEW SERVICE

Veterans!

If you are 60 or older and meet household income requirements, you are eligible for the Commodity Supplemental Food Program.

This program provides a box of food a month via the Idaho Foodbank, and the food can be picked up from the Voluntary Service Department at the Boise VAMC.

See Tammy Lanning or Jake Faulkner at the Voluntary Service Office for an application and details.

VETERANS SUPPLEMENTAL FOOD PROGRAM



VA Employees' Health Benefits Fair
Thursday, November 14, 2019
8:00am – 4:00pm
Mountain Cove Gymnasium

There is no better time than right now to review your health care needs and decide if you have the right healthcare plan that meets the needs of you and your family.

To assist the VA Medical Center's employees, annuitants, and their family members make informed decisions concerning their health care needs, we hold an annual Federal Employees Benefits Fair in which all VA employees and their families are encouraged to attend. We invite the health, dental, and vision insurance providers to attend so that employees can access specific information regarding their coverage directly from the source.

In addition to providing health care information, the VA also provides valuable information on other employee benefit programs which are aimed at enriching employee work life.

These benefits include:

- Employee Assistance Program (EAP)
- Transit Benefit Programs
- Child Care Subsidy
- Thrift Savings Plan (TSP)
- Flexible Spending Account (FSA)
- Federal Long Term Care Insurance (FLTCIP)
- American Federation of Government Employees (AFGE)
- Various health & athletic clubs
- Veteran's Canteen Service
- Employee Health & Education
- Costco
- Ada County Highway District (ACHD) Commuteride

A great deal of work is put into making the Employee Health Benefits Fair informative and enjoyable for all who attend. Do not miss the opportunity to learn more about the benefits offered to Federal employees on **November 14, 2019**.

Refreshments will be provided by the VA Canteen Service.

If you are unable to attend, please contact the Human Resources office to schedule an appointment to discuss your Federal Benefits.

LTC Feds will be hosting a Virtual Benefits Fair for employees who cannot attend the on-site fair held at Mountain Cove Gym. You must register. Please contact HR for information.

For additional information, please contact Cindra Goldenstein or Idalia Gonzalez at BOIBenefits@va.gov or at 208-422-1211.

The VA Federal Benefits
OPEN SEASON
 will run the
2nd Week of November through the 2nd Week of December.
Exact Dates TBD

Effective date of changes: 01/05/2020
Insurance Rates for 2020 TBD

Article submitted by:
Idalia Gonzalez, HR Specialist



BE ADVISED:

DOORS LOCKED AFTER HOURS



VA | Boise VA
Medical Center



All exterior doors to Buildings 29, 109, 110, 27, 67, 85A & 77 will now be locked from 6pm to 6am Monday thru Friday with the exception of some after-hours clinics; and locked all-day on holidays and weekends.

The emergency department entrance will serve as the **ONLY** entrance point for patients and visitors after-hours, weekends, and holidays.

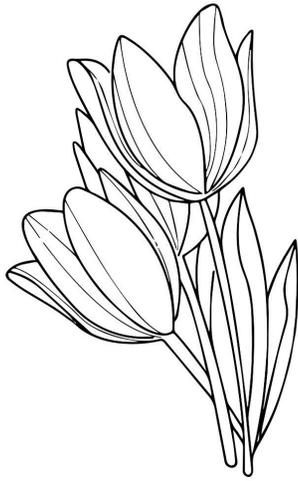
Door signage will be updated to reflect these changes.

Employees after hours/weekends/holidays, will need to use the ER entrance or badge into unconnected buildings during the hours of 6pm to 6am.

You may use any door to EXIT, but you **MUST** use the ER entrance (or existing PIV access point) to return.



BOISE VA MEDICAL CENTER



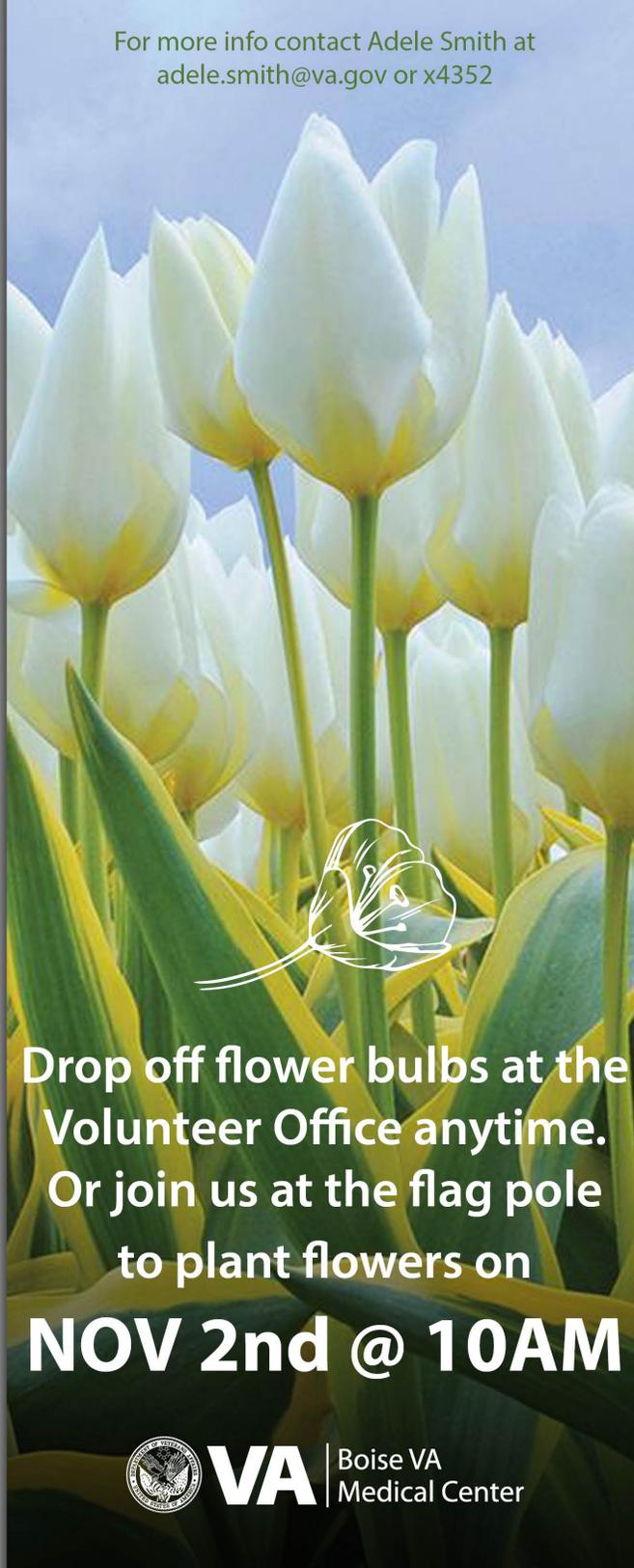
FLOWER BULB DRIVE

As you prepare your gardens for fall please be sure to collect flower bulbs and donate them to the 'flower bulb drive' at the Boise VA Medical Center.

These flowers will be planted around the Medical Center in the spring to help make the campus as beautiful as possible.

Last year there were 1,700 flower bulbs donated. We want to try and beat that number of donations this year!

For more info contact Adele Smith at
adele.smith@va.gov or x4352



Drop off flower bulbs at the
Volunteer Office anytime.
Or join us at the flag pole
to plant flowers on
NOV 2nd @ 10AM



VA

Boise VA
Medical Center



LEAVE NO VETERAN BEHIND THIS HOLIDAY SEASON



**This offer is made possible thru
the Community Brotherhood of
Veterans 501(c)(3)*



If you are,
or know of
a veteran

who needs help this holiday
season please stop by the
Information Desk at the Boise
VA Medical Center to fill out a
request form.

Those veterans/families will be
contacted to be connected with
sponsors, donations and other
forms of support during the
holiday season.

*For more information contact the Boise VA
Volunteer Services at (208) 422-1176*

BOISE WEEKLY

SEPTEMBER 18-24, 2019

LOCAL AND INDEPENDENT

COVER ARTIST



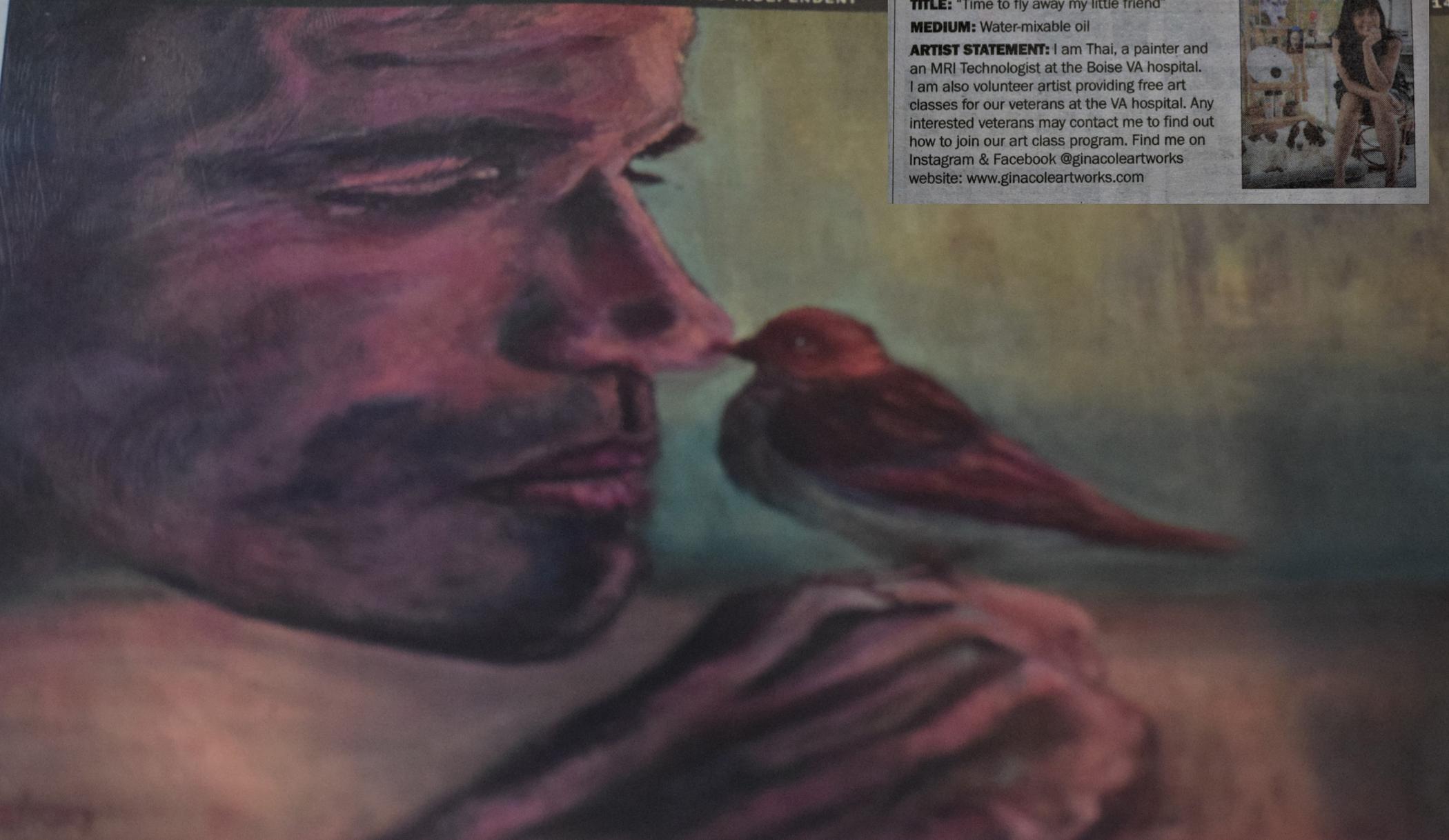
Cover art scanned courtesy of Evermore Prints... supporting artists since 1999.

ARTIST: Mongina "Gina" Cole

TITLE: "Time to fly away my little friend"

MEDIUM: Water-mixable oil

ARTIST STATEMENT: I am Thai, a painter and an MRI Technologist at the Boise VA hospital. I am also volunteer artist providing free art classes for our veterans at the VA hospital. Any interested veterans may contact me to find out how to join our art class program. Find me on Instagram & Facebook @ginacoleartworks website: www.ginacoleartworks.com



In case you missed it - Boise VAMC MRI Tech, Gina Cole was the cover artist featured on the cover of the Boise Weekly in September. Congrats Gina!

Chief volunteer for the hospice program, Linda Crawford, brought her mama horse (Princess) with baby horse (PJ) and a rescue horse (Sunny) to visit the CLC residents in September. Miss Rodeo Idaho 2020 Lady in Waiting Nicole Jordan also came to visit with the veterans while the horses were here. She will be Miss Rodeo Idaho in January.



Thanks Linda!

SPS WEEK OCT 13-19

International Central Service Week recognizes the committed specialists that fill Central Service/Sterile Processing (CS/SP) departments and make a difference in patient care. Held annually, CS Week starts with the second Sunday in October. IAHCSSM celebrates these dedicated professionals for all their outstanding achievements – not just this week, but year-round! It is our hope that International Central Service Week brings the appreciation and respect so greatly deserved. IAHCSSM recognizes you as central to healthcare and essential for quality service.



CORPORATE 6 WEEK CHALLENGE!!

I am excited to announce an opportunity to participate in a 6 week fitness challenge at Camp Rhino Boise!

- ◇ The challenge consists of 6 weeks of full access to Camp Rhino classes!
- ◇ Team building workout during the challenge!
- ◇ 3 body composition scans with 1 on 1 meetings with a nutrition/accountability coach!
- ◇ And countless fun!

The cost is \$49/person! The value can not be beat!

If you are interested and want to get in shape and have fun or just have questions please contact Alicia Arredondo

ext. 7002 alicia.arredondo@va.gov





Big thanks to everyone who came out to show their support for Breast Cancer Awareness on October 24th. **Looking good in pink!**