

## About Boise Idaho

Boise, the "City of Trees", is the capital and largest metropolitan area in Idaho. Approximately 400,000 people live in the Treasure Valley.

The state of Idaho is known for its majestic mountain ranges, streams and rivers, forests, mountain lakes and outdoor recreational experiences. Boise is transected by the Boise River and a greenbelt walking/biking path throughout the city. Bogus Basin Ski Resort is a short drive from the hospital, and the mountain town of McCall and world class skiing in Sun Valley are both just hours away. Miles of mountain biking and hiking trails are located within minutes of the hospital grounds. The International Mountain Bicycling Association has ranked the Boise/Eagle area as one of 5 Gold Medal mountain biking trail systems in the world.

Local sporting events include Boise State Bronco athletics, Idaho Steelheads hockey, Idaho Stampede basketball, and Boise Hawks baseball. Performance and Fine Arts venues include Idaho Shakespeare Festival, The Boise Contemporary Theater, The Boise Philharmonic, The Boise Art Museum, and Ballet Idaho. The community is active in both music and events, with Live After Five concerts, the Boise Farmers Market, and First Thursday celebrations.



Resident Backpacking Trip, August 2016

Postgraduate Year 2

## Psychiatric Pharmacy Residency Program



**BOISE VETERANS AFFAIRS  
MEDICAL CENTER  
BOISE, IDAHO**

To Care, Heal, Teach, and  
Discover

Boise Veterans Affairs Medical Center

500 West Fort Street  
Boise, Idaho 83702

Application Information at:

[http://www.boise.va.gov/resources/  
Boise\\_VA\\_Medical\\_Center\\_Pharmacy\\_Resident\\_Program.asp](http://www.boise.va.gov/resources/Boise_VA_Medical_Center_Pharmacy_Resident_Program.asp)

Application via PhORCAS due on the second Monday in January. For further information or questions, please contact:

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VA



U.S. Department  
of Veterans Affairs

## The Program

The Boise Veterans Affairs Medical Center offers a PGY2 Psychiatric Pharmacy residency program in candidate status through ASHP. There is currently one PGY2 Psychiatric Pharmacy Resident each year. As a new program, the residency provides the resident with a unique experience for leadership, personal, and professional development.



**Right to left: Program director, Kristin Helmboldt and Resident, Andrea Winterswyk**

### Program Purpose

The PGY2 Psychiatric Pharmacy residency program at Boise VAMC is designed to produce advanced pharmacy practitioners in psychiatric pharmacy, with emphasis in primary care mental health integration. Upon completion of this residency program, graduates will care for individuals with psychiatric and neurologic disorders, and will assume responsibility for patient-centered medication therapy. The psychiatric clinical pharmacy specialist will be able to function as an integral member of interdisciplinary teams, serving confidently and effectively as the psychiatric medication expert in both outpatient and inpatient settings. Through a wide variety of experiences, the resident will gain the knowledge and skills necessary to be a leader in psychiatric pharmacy.

### Residency Experiences

The resident will have required experiences in inpatient psychiatry and outpatient psychiatry, along with primary care mental health integration longitudinally. Multiple elective experiences are available, including substance abuse disorders and residential rehabilitation, PTSD residential rehabilitation, telehealth, academia, program management and geriatric psychopharmacology. The PGY2 Psychiatric Pharmacy resident will complete consults based on a broad scope of practice for pain management and psychiatric disorders.

### Residency Experiences

#### Longitudinal

- Center of Excellence activities, outcomes analysis project, discharge staffing, psychiatric pharmacy patient panel management, new service implementation, pain management clinic, memory care clinic

#### Opportunities

- Leadership and Management Seminar
- Didactics with University of Washington Psychiatry Residency Program
- Patient Aligned Care Team shared medical appointments and patient rounds
- Boise Area Resident Forum
- Teaching Certificate through Idaho State University College of Pharmacy

### Clinical Training Site

The Boise VAMC is the training site for the PGY2 residency. The hospital is a teaching site for University of Washington & Family Practice medical residents, psychology interns, PA, NP, RN students, and Idaho State University pharmacy students. The facility also offers 4 PGY1 pharmacy residents, 1 infectious disease pharmacy fellow, and 3 PGY2 Ambulatory Care pharmacy residents. We are honored to be one of seven "[Centers of Excellence](#) in Primary Care Education" sites. The position is unique in that it is funded by the Centers of Excellence, and the resident will have the opportunity to spend 30% of residency time in an interprofessional setting. The resident will serve as clinical psychiatric pharmacist for the medical resident continuity clinic, provide consults and shared medical appointments in pain and mental health, and will complete an interprofessional project related to the provision of patient care in a primary care setting.



**Resident Backpacking Trip, August 2016**



**2016-2017 Pharmacy Residents and Pharmacy Fellow**

### Application Qualifications and Selection

The applicant must be a graduate of a school of pharmacy accredited by the American Council on Pharmaceutical Education, be a U.S. citizen, possess the Doctor of Pharmacy degree, have successfully completed an accredited PGY-1 residency, and be licensed to practice in one of the 50 states, territories of the United States, or District of Columbia.

Applicants must participate in the ASHP Resident Matching Program. Applicants must also apply to each program independently of the Match. Materials to be posted on PhORCAS by the second Monday in January.

- Please include Match Number
- Two letters of recommendation from healthcare professionals
- Curriculum Vitae
- Pharmacy School Transcripts
- Letter of intent (500-750 words).

Candidates will be notified of interview status no later than February 1. Selections will be made by the Residency Program Committee. On-site interviews will be conducted in February. Appointment is contingent upon satisfactory completion of a physical exam, including negative drug test. Applicants must meet requirements for federal employment.

This residency site agrees that no person at this site will solicit, accept, or use any ranking-related information from any residency applicant.

This program is currently in candidate status with ASHP and the Commission on Credentialing accrediting body, with expected accreditation completion in 2017.